

	Rookie	Freshman	Junior Varsity	Varsity	Senior	Adult
Age	8U	10U	12U	14U	19U	21 & Up
Cutoff Date	31-Aug	31-Aug	31-Aug	31-Aug	31-Aug	31-Aug
# of Players	7v7	7v7	7v7	8v8	8v8	7v7
Min # Players	5	6	6	7	7	6
1 Player Down	Must be Equal	Must be Equal	Yes	Yes	Yes	Yes
Field Size	90'x180'	120'x240'	120'x240'	150'x300'	150'x300'	120'x240'
End Zones	7 yard	10 yard	10 yard	10 yard	10 yard	10 yard
# First Downs	2	3	3	4	4	3
Zones	15 yards	20 yards	20 yards	20 yards	20 yards	20 yards
Start of Play	10 yd	30 yd	30 yd	14 yd	14 yd	14 yd
Size Football	K2 (6)	K2 (6)	TDJ (7)	TDJ (7)	TDY (8)	Adult
Spot Discs	Yes	Yes	Yes	Per Referee	Per Referee	Per Referee
Defensive Line	4yds or Line	5yds or Line	5yds or Line	5yds or Line	5yds or Line	5yds or Line
Game Time	24min/half	24min/half	24min/half	24min/half	24min/half	24min/half
Put ball in Play	40 sec	40 sec	25 sec	25 sec	25 sec	25 sec
Water Break	1/half (40s)	1/half (40s)	1/half (40s)	1/half (40s)	1/half (40s)	1/half (40s)
Half Time	5 min	5 min	5 min	5 min	5 min	5 min
1st Half Warning	None	None	None	None	None	None
2nd Half Warning	2 min	2 min	2 min	2 min	2 min	2 min
Time Outs	2 / game	2 / game	2 / game	2 / game	2 / game	2 / game
Time out length	1 min	1 min	1 min	1 min	1 min	1 min
Overtime Break	3 min	3 min	3 min	3 min	3 min	3 min
Punting	2 lines or 20	2 lines or 20	2 lines or 20	Punt	Punt	Punt
Mercy Rule	19 Pts at 2min	19 Pts at 2min	19 Pts at 2min	19 Pts at 2min	19 Pts at 2min	19 Pts at 2min
Touchdown	6 pts	6 pts	6 pts	6 pts	6 pts	6pts(M)/ 7pts(F)
1 Extra Point	3 yrd line	3 yrd line	3 yrd line	Kick	Kick	3 yrd line
2 Extra Points	10 yrd line	10 yrd line	10 yrd line	10 yrd line	10 yrd line	10 yrd line
Safety	2pts	2pts	2pts	2pts	2pts	2pts
Field Goal	None	None	None	None	3 pts frm LOS	None